

MFINITY

# Boost It!

2021 SUMMER CHALLENGE: MAY 17 – AUG 15

## Core Health WEEKLY TRACKER

WEEK OF: \_\_\_\_\_ MY GOAL THIS WEEK: \_\_\_\_\_

		MON	TUE	WED	THU	FRI	SAT	SUN	TOTAL	
<b>ORDER</b>	<b>Order monthly Mfinity Boost It supply</b> (minimum \$100 product order, <b>once a month</b> ) Suggested products: Mfinity Boost, Mfinity Oil Additional products: Ginger Boost, Turmeric Boost, Daily Detox, VitaZing, Fuel, Burn	100 pts	.....→							yes or no or not yet
<b>FORTIFY</b>	<b>Take Mfinity Oil and Mfinity Boost</b> (one point each, up to 2 pts. per day)	up to 2 pts.	×	×	×	×	×	×		
	<b>Take Ginger Boost and Turmeric Boost</b> (one point each, up to 2 pts. per day)	up to 2 pts.	×	×	×	×	×	×		
<b>HYDRATE</b>	<b>Stay hydrated all day</b> (at least 60 oz. total of water)	1 pt.	×	×	×	×	×	×		
	<b>Take up to 2 other hydration products</b> (VitaZing or Daily Detox—one point each, up to 2 pts. per day)	up to 2 pts.	×	×	×	×	×	×		
<b>CONNECT</b>	<b>Post on the Mfinity Boost It Facebook group once or more this week</b>	5 pts.	.....→							
	<b>Post about the Boost It Challenge on personal social media once or more this week</b>	5 pts.	.....→							
	<b>Watch Friday Boost It LIVE!</b>	5 pts.	-	-	×	-	-	-	-	
<b>TEAM</b>	<b>Communicate daily with your team</b>	2 pts.	×	×	×	×	×	×		
	<b>Attend your weekly team call</b>	10 pts.	.....→							

Remember to go to the Boost It Leaderboard to complete your weekly check-in!